



UNIVERSITY & TERTIARY SPORT
NEW ZEALAND

LINKS TO USEFUL STUDENT RESOURCES

Mental health

- <https://www.health.govt.nz/your-health/healthy-living/food-activity-and-sleep/physical-activity/being-active-everyone-every-age/physical-activity-and-health-conditions>
- <https://www.rethink.org/living-with-mental-illness/wellbeing-physical-health/being-active>
- <https://www.mind.org.uk/information-support/tips-for-everyday-living/physical-activity-sport-and-exercise/#.WyHXXKczaUk>
- <https://www.mentalhealth.org.nz/home/ways-to-wellbeing/be-active-mahi-kakama/>
- Tertiary Wellbeing Aotearoa New Zealand <https://www.twanz.ac.nz/>

Potential funding sources

- https://sportnz.org.nz/get-into-sport/search-for-funding/search?status=0&location=8&purpose=0&cost=0&funds=0&action_search=Search+Funding
- <http://www.nzct.org.nz/grants/successful-application/our-grants-criteria/for-sports-organisations/>

Internships

- <https://www.asianz.org.nz/media/>
- <https://careerhub.canterbury.ac.nz/students/login?ReturnUrl=%2f>
- <https://www.internships.co.nz/sport-internships-in-new-zealand/>

Training

- <https://www.sporttutor.nz/pages/external-dashboard.jsf?faces-redirect=true&dashboardId=141728>

Events

- International Day of University Sport <https://www.fisu.net/education/international-day-of-university-sport>
- FISU Educational Events <https://www.fisu.net/education/events-and-programmes>