

BADMINTON AT ALERT LEVEL 2



As at 13 May 2020

Alert Level 2 - Reduce

Under Alert Level 2 the disease is contained, but there is still a risk of community transmission. The objective of these guidelines is to minimise the risk of transmission of the virus, and to be able to rapidly track and isolate any cases that may arise. Subject to the range of public health measures outlined below, play, active recreation and sport can resume under level 2. This includes contact team sports and physical activities only if fewer than 10 people are participating, good contact tracing is possible and hygiene measures, particularly washing and drying of hands, and regular sanitising of equipment and surfaces are in place. Make sure you know (or can identify) anyone who is participating in your activity, including players, officials and spectators/supporters, in case someone gets sick.

Public health measures

Required

- Gatherings must be restricted to a maximum of 10 people (both indoor and outdoor facilities), this will be reviewed on 25 May. For sport and recreation, a gathering includes spectators but not players, officials or support staff.
- A system to record and retain the contact details of all people involved in, or attending, your activity must be in place to enable contact tracing should it be required. This information should be accessible at all times for contact tracing purposes up to 4 weeks after the contact was recorded.
- Surfaces and equipment must be regularly cleaned and disinfected where practicable.
- Good personal hygiene practices should continue – wash and dry your hands before and after activities, cough into elbow and don't touch your face.
- Stay home if you're sick and do not take part in sport or recreation if you have flu-like symptoms, self-isolate at home and get tested immediately.

Recommended

- Physical distancing of 2 metres should be maintained wherever possible, especially from people that you don't know. It is recognised that contact during physical activity will occur but this should be minimised as much as possible, especially off the field of play.
- People at high risk of severe illness from COVID-19 (particularly older people and those with existing medical conditions) should take additional precautions when undertaking physical activity.
- Business premises (e.g. cafes/bars in club rooms, or pro shops) can be open for staff and customers provided that they meet the relevant workplace requirements
- Travel should be done safely to reduce the possibility of transmission and spread of the virus.

What does this mean for play, active recreation & sport generally?

Alert level 2 continues to expand the opportunities for play and active recreation and reintroduces the opportunity for competitive sport at a local level, if the public health measures outlined above are implemented, to create a safe environment for physical activity. Sports are expected to take some time to prepare to resume. It is important that sports codes and clubs do not rush into starting activities again. It is essential to get all the protocols in place before activity resumes again and ensure that everyone in your club or organisation is on the same page. Please work closely with your regional and/or national organisation to get advice on how to make your activity safe.

Personal hygiene is a key public health measure that will reduce the risk of transmission of the virus through physical activity. Each participant should wash their hands with soap and dry them before and after play or use hand sanitiser if this is not possible. There will also need to be regular sanitation of shared equipment. In addition to practicing good hygiene, the ability to record participants to aid contact tracing is very important, further information on hygiene requirements and contact tracing can be found [here](#).

Playgrounds, gyms, pools and public courts will be able to reopen, subject to meeting the above public health measures. Public conservation land is open to the public

for walking, biking, and hunting but there are guidelines on the use of DOC huts and campgrounds. Check that where you want to go is open before setting off – you may need to book in advance. Further announcements will be made shortly regarding the duck shooting season.

During Alert Level 2 there may be some refinements to the public health measures. Any implications for play, active recreation and sport as a consequence of changes to the government's expectations and measures will result in these guidelines being updated and reissued.

Considerations that apply to all of Play, Active Recreation and Sport

Alert Level 2

Contact Tracing

Contact tracing register for all participants and spectators must be in place and able to be accessed quickly.

Cleaning and Hygiene

You must adhere to basic hygiene measures, including washing and drying hands before and after any activity. Also exercise caution with common touch points (e.g. gates or doors) and wash or sanitise your hands after touching these surfaces.

Facilities must have a written plan for safe operation in place. Sanitation measures can be found [here](#). Facilities, water, soap and towels/drier should be made available for participants to wash and dry their hands or hand sanitiser (containing at least 60% alcohol).

Gatherings

Gatherings must be limited a maximum of 10 people (either indoors or outdoors).

If unwell

If you or members of your household are unwell, you should stay home.

You must not participate in physical activity (or leave home) if you are displaying symptoms of COVID-19, awaiting a test result, or required to self-isolate.

Physical Distancing

People are encouraged to remain 2 metres apart from people they don't know or where there is no contact tracing in place.

Risky activities

Activities should only be completed within your confidence and skill level to continue to reduce the need for essential services assistance.

Scenarios at Level 2

Contact Tracing

Ensure that all events and facilities have a contact tracing register and that all participants and spectators complete it, an electronic system or an online registration system. The register should be accessible to the Ministry of Health for contact tracing purposes at all times up to 4 weeks after the contact took place. This process should be detailed in your organisation's plan for safe operation. You may need to consider restricting the number of spectators or asking people to register in advance.

Cleaning and Hygiene

All participants should wash and dry their hand before and after partaking in any play, active recreation or sport. Ideally, they should be advised of this in advance of attending to allow time for this to happen safely.

Measures should be taken to minimise the sharing of equipment if possible. Equipment must be washed and dried before and after use. For example, balls washed before and after each game.

Gatherings

All indoor and outdoor facilities will need to restrict entry to a maximum of 10 people. This limit will still need to be considered in the context of maintaining the 2 metre physical distancing requirement.

Care must be taken to avoid interacting at communal points such as entries and car parks. Phasing of activities could be used to allow time for people to pass through these areas safely.

For smaller venues a lower maximum number may be more appropriate to maintain physical distancing.

Physical Distancing

Physical distancing remains important, when people are interacting with people they don't know and that wouldn't be able to easily trace. For example, while mountain biking avoid gathering at trail heads or sections of trail where physical distancing will be difficult.

Alert Level 2	Badminton NZ	Recommendations
<p>All facilities must practice sanitation measures, and record contact tracing details. Facilities with employees must have a WorkSafe plan in place.</p> <p>Contact Tracing</p> <ul style="list-style-type: none"> • A contact tracing register must be in place, to record details of all individual's entering a venue. • Particular care should be taken to record the details of any spectators. • The venue must be able to provide fast access to details to the Ministry of Health or the local district health board, if required. <p>Cleaning and Hygiene</p> <ul style="list-style-type: none"> • Participants should wash and dry their hands before and after playing; equipment should be washed and dried before and after playing. • Facilities must ensure that water, soap and towels / hand drier is available to participants to wash and dry their hands. • Measures should be taken to minimise the sharing of equipment/ balls. However, for sports or activities where equipment must be shared ensure that all participants wash and dry their hands before and afterwards, and clean and disinfect the equipment before and afterwards. • Also exercise caution with common touch points (e.g. gates or doors) and wash or sanitise your hands after touching these surfaces. <p>Gatherings</p> <ul style="list-style-type: none"> • All facilities must adhere to requirements regarding mass gatherings. • Facilities will need to restrict gatherings to a maximum of 10 people while maintaining physical distancing requirement and a contact tracing register must be used. • For smaller venues a lower maximum number may be more appropriate to maintain physical distancing. • Care must be taken to avoid gathering at communal points such as entries and car parks. 	<p>Our Organisation:</p> <ul style="list-style-type: none"> • A written COVID-19 Worksafe plan. • A pandemic policy and plan. • A contact tracing register is implemented for all individual's involved with the organisation. • Our organisation will operate safely. This means: <ul style="list-style-type: none"> • complying with general Alert Level 2 settings • meeting appropriate public health requirements for their workplace (e.g. having contact tracing systems and physical distancing) • fulfilling all other health and safety obligations. • Our Badminton NZ Offices will be open, they will ensure physical distancing requirements are met and staff will be rotated on days in the office. Staff will be able to work from home if they choose. <p>Performance Programmes:</p> <ul style="list-style-type: none"> • Badminton NZ will deliver performance programmes in Alert Level 2 if it can be completed safely while meeting all guidelines and requirements in alignment with NZ Government, Ministry of Health and Sport NZ information. • A contact tracing register to be implemented for all training sessions. • Badminton NZ to deliver smaller training sessions, with up to 9 players invited to each session. • Players / coaches must wash / sanitise their hands, before and after each training session. • Spectators are not allowed to attend Badminton NZ squad trainings. • Badminton NZ does not recommend multi-exercises. • Players / coaches to maintain a two-metre physical distance when off-court. • Players / coaches to avoid all unnecessary physical contact (i.e. handshakes) when on-court. 	<p>Organisations:</p> <ul style="list-style-type: none"> • A written COVID-19 Worksafe plan. • A pandemic policy and plan. • A contact tracing register is implemented for all individual's involved with the organisation. • Organisations must operate safely. This means: <ul style="list-style-type: none"> • complying with general Alert Level 2 settings • meeting appropriate public health requirements for their workplace (e.g. having contact tracing systems and physical distancing) • fulfilling all other health and safety obligations. • All businesses are encouraged to use alternative ways of working if possible. Business premises can open for staff and customers provided they meet public health requirements. • If a workplace cannot meet these measures it cannot open its physical premises. <p>Performance and Coaching Programmes:</p> <ul style="list-style-type: none"> • Players / coaches to remain home if they are feeling unwell or showing any symptoms of COVID-19. • A contact tracing register to be implemented for all sessions. • 10 people maximum for any session. • Players / coaches must wash / sanitise their hands, before and after each session. • Spectators and parents should be counted as part of the gathering size of 10. • Players / coaches to maintain a two-metre physical distance when off-court. • Players / coaches to avoid all unnecessary physical contact (i.e. handshakes) when on-court. • Whenever possible, one player on a court is to handle the

Phasing of activities could be used to allow time for people to pass through these areas safely.

- Sports clubs should follow public health guidelines on physical distancing and personal hygiene. If you are having club events, consider limiting numbers to ensure physical distancing can take place, take extra care on cleaning surfaces and when preparing food to minimise risks. Now is not the time to have a large club prizegiving or event, think about keeping things simple.

If unwell

- No one should be participating (or leaving home) if they are displaying symptoms of COVID-19, awaiting a test, or if required to self-isolate.

Physical Distancing

- People may participate in team sport and physical activity, including where physical distance cannot be maintained. This means that training and competition for contact sports will be possible if other public health measures are observed.
- Participants should maintain physical distancing when not participating in the sport or activity.

Commercial Operators

- All venues and sporting facilities, including clubrooms and gyms, are able to open. All venues must have a WorkSafe plan in place for safe operation.
- Retail and hospitality operations must meet the public health guidelines for these operations.
- Business premises can open for staff and customers. Services can also be provided on customers' premises (e.g. coaching or personal training).
- These businesses must operate safely. This means:
 - Complying with general Alert Level 2 settings
 - Meeting appropriate public health requirements for their workplace, as outlined

- Whenever possible, one player on a court is to handle the shuttles, with other players using their racquets to pass the shuttle to this person.
- Players / coaches to remain home if they are feeling unwell or showing any symptoms of COVID-19.
- Badminton NZ will provide Association's with further details regarding Badminton NZ performance programmes by Monday 18th May.

Events & Competitions:

- At this stage Badminton NZ will not deliver National Events other than the NZBL at Alert Level 2.
- We recommend that events and competitions do not begin till the gathering of people restriction is increased from 10.
- Badminton NZ Sanctioned Events may take place at Alert Level 2 if they meet mass gathering guidelines. Prior to the approval of an event sanction the host will need to provide Badminton NZ with documentation outlining how they intend to address each of the points listed under the Organisation, Facilities and Events & Programmes Recommendations.
- Hosts that would like to deliver an upcoming Sanctioned Event should contact jonathon@badminton.org.nz to discuss.
- Hosts that would like to reschedule a Badminton NZ Sanctioned Event should contact sam@badminton.org.nz to discuss.
- Badminton NZ will provide Association's with further details regarding Badminton NZ events, including National Championships and Inter-Association by Friday 15th May.

Development & Community Programmes:

- Badminton NZ will deliver development & community programmes in Alert Level 2 if it can be completed safely while meeting all guidelines and

shuttles, with other players using their racquets to pass the shuttle to this person.

Events & Competitions

- We recommend that events and competitions do not begin till the gathering of people restriction increases from 10. Once this decision is changed, we will provide further information and guidance on delivering events and competitions under Level 2.

Facilities:

- A written COVID-19 Worksafe plan.
- A pandemic policy and plan.
- A contact tracing register is implemented for all individuals. See the Badminton NZ Contact Tracing Recommendations for more details.
- Facilities should consider how to manage court bookings and availability to meet contact tracing requirements.
- Facilities should set-up courts (i.e. nets and poles) so they are ready for users.
- Ensure that there is sufficient hand sanitiser, soap, hand towels and surface wipes to allow participants to wash or sanitise their hands before and after each match.
- Regular cleaning of facilities will minimise the spread of infection by reducing visitors contact with contaminated surfaces.
- Schedule regular cleaning.
- Ensure the use of suitable cleaning products
- If using reusable cloths, these should be disinfected and then dried after use, as bacteria and viruses can still survive on damp cloths.
- Disposable gloves should be worn when cleaning and placed in the bin when finished.
- Physical distancing should also be practiced when cleaning facilities.
- Make sure to clean surfaces with a suitable cleaner and/or disinfectant and follow the

<p>above (e.g. having contact tracing systems)</p> <ul style="list-style-type: none"> ○ Fulfilling all other health and safety obligations. • Additional guidance for close contact business (e.g. sports massage, personal trainers or physiotherapists) is provided by WorkSafe. 	<p>requirements in alignment with NZ Government, Ministry of Health and Sport NZ information.</p> <ul style="list-style-type: none"> • Badminton NZ will provide Association's with further details regarding Badminton NZ development and community programmes by Monday 18th May 	<p>manufacturer's instructions for use. When choosing a suitable cleaning product, consider what the product is effective against and the length of time the product needs to be left on a surface to clean it properly.</p> <ul style="list-style-type: none"> • Common internal touch points may include: <ul style="list-style-type: none"> • Common pens for sign in sheet. • Doors/door handles - look at all reasonable opportunities to remove them. • High-touch surfaces such as stairwell handrails and chairs • Sport equipment such as nets. • A process is in place to frequently clean common touch points, including doors. • Visitors must only be at the premise while they are participating in the activity session. It's important that everyone showers at home, and spends minimal time using any shared services at your facility. Make sure that people do not loiter or use this time as an opportunity to catch up with friends • We would recommend closing all changing rooms / showers / water fountains.
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Please remember the following websites as the best source of information:

www.covid19.govt.nz

www.health.govt.nz

www.sportnz.org.nz

www.badminton.org.nz

www.worksafe.govt.nz

There are a number of templates, examples and information on these websites.

If in doubt, please contact:

Joe Hitchcock
Chief Executive, Badminton New Zealand
joe@badminton.org.nz